



restore the body
expand the mind





immerse yourself
in relaxing scents
inspiring melodies
and invigorating massage
a tranquil transformation awaits

massages

classic swedish massage 50 | 80 minutes

Wonderfully relaxing this classic swedish massage is known for increasing circulation, relieving muscle pain and releasing stress. Our therapists utilize a combination of massage modalities to promote a feeling of tranquility and heightened well-being.

heavenly massage* 50 | 80 minutes

Relaxing comes from the harmonious balance of scent and touch. A heated compress invites back muscles to relax and ease before your choice of distinct essential oil blends is massaged into the body with long fluid relaxing strokes.

deep tissue massage 50 | 80 minutes

A deep therapeutic treatment designed to alleviate muscle aches and increase range of motion. Ideal for guests experienced in massage or after a vigorous exercise session.

aromatherapy massage 50 | 80 minutes

Our real aromatherapy massage combines the power of pure essential oils with a specialized massage drawn from the traditions of both Eastern and Western philosophies. This is not just a massage using essential oils; it has been designed to gain proven results for Body, Mind and Spirit. The targeted and precise use of spinal pressures and foot reflexes actually stimulates the nervous system affecting all the systems and organs of the body.

reflexology massage 25 | 50 minutes

An Oriental massage technique based on ancient beliefs that the soles of the feet are considered to mirror the systems and functions of the body. The therapist releases blockages and re-establishes the body's energy flow to specific areas of the body to relieve stress and restore balance.

maternity massage 50 minutes

Pregnancy massage can assist with the relief of lower back and leg pain, headaches and other pregnancy related conditions. Our therapists are specially trained to nurture, calm and help alleviate discomfort brought on by pregnancy. Not recommended for women in their first trimester.

de-stress muscle massage 50 | 80 minutes

A deep massage treatment designed to work on stiff, tight and fatigued muscles and joints after sports or a day of physical stress and strain. Using a unique blend of essential oils and specialized deep tissue techniques the therapists will warm, manipulate and ease your muscles with stretching and drainage to release tension.

hot stone massage 80 minutes

A fusion of massage techniques involving the use of heated basalt stones. Stone therapy is a Native American Indian practice used since ancient times as a healing therapy. The warm stones help penetrate deep into muscle tissue relieving tension and inducing relaxation.

rollerssage* 50 | 80 minutes

This unique massage, exclusive to Heavenly Spas, gives a new spin on hot stone treatments. Heated crystalline spheres, selected for their energy enhancing qualities, are rolled over the body, melting away tension and relaxing tight muscles, while restoring balance to ones energy source.

[*signature heavenly experiences](#)

my breathing slowed, my mind calmed and i was fully present in a perfect moment

exfoliations and envelopments

heavenly body* 50 minutes

A restorative treatment for the entire body that provides an antidote to the stresses of everyday life. A mild exfoliation of the body prepares your skin to absorb the profound effects of a kamani oil blend containing extracts of walnut, orange and juniper. Your experience concludes with a relaxing massage using products especially selected to promote environmental protection and cellular restoration of the skin.

revive* 50 minutes

Featuring a seasonal selection of ingredients, this refreshing body polish is designed to exfoliate and smooth the skin. Your treatment is finished with an application of rich hydrating cream that completely revitalizes the tone of your skin.

calm 50 minutes

A soothing body quench for sunburned skin, this treatment cools and calms with a redness neutralizing moisture mask. Thanks to emergency supplements delivered directly to the skin, physical discomfort is relieved and the recovery process can begin.

lemon verbena body polish 50 minutes

A gentle exfoliating treatment that is ideal for sensitive skin. Fresh lemon verbena and gentle buffing grains are blended with stimulating extract to soften the skin. This treatment continues with a relaxing full body massage with rich crème de la crème body balm. This gentle exfoliation moisturizes and revitalizes the skin.

seaweed body wrap 50 minutes

A detoxifying, mineral-rich serum that helps eliminate lymphatic sluggishness and restore healthy body tone. This serum is a potent blend of herbal extract that aids the body in removing harmful toxins from the body resulting in a tightening of the skin's supporting tissue. This treatment counteracts cellulite and promotes re-mineralization of the skin.



reward yourself

anti-cellulite treatment 50 minutes

Detox, eliminate and tone with this invigorating and effective body treatment specifically designed to target areas of cellulite. Brisk body brushing and a combination of deep manipulative tissue massage and superficial stimulation to buttocks, thighs and stomach encourages effective circulation to help flush out toxins while refreshing the skin. Next fresh water mud is applied to draw, firm and tone while pressures on foot reflex points enhance natural drainage.

enrich body treatment 80 minutes

The spa facial for your body is the perfect treatment for dry, out of condition skin. Dull-looking skin will be revived with a rich and intense body scrub of pure coffee, frankincense and grapefruit. Then your skin will be hydrated with our body serum of tuberose, ylang ylang and aloe vera. Next we nourish and soften your skin with natural plant oil blended with macadamia, olive, coconut and evening primrose oils scented with geranium and vanilla. Finally, for deep moisturizing and protection, we apply body butter with the exotic scents of jasmine, patchouli and tonka bean. While wrapped enjoy a relaxing scalp massage to conclude the treatment.



heavenly glow

herbal enzyme peel 50 minutes

This holistic cleansing treatment uses either indigenous wild black cherry or pumpkin fruit enzymes to clear the skin of cellular build up that causes blackheads and is fortified with a mélange of beta carotenes to slow down environmental damage to the skin.

moisture drench facial 50 minutes

Nature's answer to moisture-deprived, thirsty skin. In this custom-tailored session, skin is replenished at the cellular level with bio-active botanical serums. Your face and neck will be massaged with crème cassis, a rich deeply hydrating cream fortified with antioxidant black currant oil to give your skin renewed radiance.

sun repair treatment 50 minutes

The treatment begins with a soothing aloe vera gel cleanser, followed by calming rose hydrolat and geranium regenerating serum to reverse the effects of sun damage and aid in cellular rejuvenation. Our environmental defense mask helps clear the skin of cellular build-up that causes blackheads along with botanical skin brightener preventing free-radical damage to the skin.

purity* 50 minutes

This deep pore cleansing facial, created expressly to purify the skin, natural cleansing elements such as propolis and marine extracts leave you fresh faced and radiant.

illumination* 50 minutes

Ideal to combat uneven skin tone, this facial which includes a gentle exfoliation using mineral salts and crushed pearl powder to smooth skin, is followed by intense oxygenation to unveil sheer radiance. Any signs of fatigue, exhaustion and stress give way to a heavenly glow.

gentleman's facial 50 minutes

A unique facial for men designed to reduce or eliminate the appearance of fine lines and wrinkles. A special layered mask allows you to feel the pulsating and firming of the skin revealing smoother younger looking skin.

performance back facial 50 minutes

Sooth and nourish the skin with an enzyme peel to help treat skin impurities of the back. The next step is to refine the pores followed by an application of a mask designed to balance and normalize the skin's appearance. Finish up with a light, intensive clearing emulsion leaving you with smoother, softer skin.

the aromatherapy prescription facial 80 minutes

Discover the skin enhancing properties of essential oils with your very own prescribed facial unique to your skin type. A personalized prescription uses therapeutic essential oil blends and facial pressure point massage to boost your complexion, revive your skin texture and add a lasting glow to your appearance.

heavenly enhancements

eye lash & brow tinting 25 minutes

Experience beautiful eye lashes and natural looking eye brows without all the fuss.

youthful lip treatment 25 minutes

Extra care and beauty for lip contour due to the synergy of rose and fruit extracts to visibly reduce small wrinkles, replenish and plump the lips.

eye treatment 25 minutes

Upgrade any facial with this intense treatment meant to rejuvenate the area around the eyes, reduce swelling, soften expression lines and provide hydration.

heavenly waters Choose from one of our wonderful water therapies and experience the ultimate in relaxation while receiving the benefits from a customized soak that will meet your needs.

heavenly soak

Unwind and de-stress in our signature soak where you choose the scent.

sports soak

A specially formulated sport soak helps to eliminate soreness.

water detox

Detoxify the body while providing vitamins and minerals.

hydrating soak

Designed to nourish and hydrate the skin.





salon services

heavenly classic manicure 25 minutes

This restorative treatment is a swift route to ultimate relaxation. It includes a blooming bath of Italian mandarin and focused hand and arm massage, using Indian frankincense that will restore vitality.

heavenly classic pedicure 50 minutes

Soak in a bath of mandarin essential oil, followed by an exfoliating bath scrub of 21 mineral salts to leave skin soft and nourished. Lean back and relax with a foot and leg massage to restore vitality. Vitamin enriched moisturizer infused with warming wildcrafted Indonesian ginger essential oil hydrates the skin, leaving you with a sense of balance.

heavenly signature manicure 50 minutes

This aromatherapeutic journey balances the body's full Chakra system. You choose your intent... Relax, Uplift, Inspire. Micro algae and mineral salt infused with wildcrafted Indonesian ginger will gently slough away dry skin. The aromatherapeutic properties of ginger are deepened with a full healing hand massage using a hydrating therapy blend of ginger and Chinese jasmine essential oils, aloe, shea butter, sesame oil, olive oil, avocado and vitamins A & E.

heavenly signature pedicure 80 minutes

Energy blocks are removed and tension is melted away by using warm stone massage therapy. The relaxing foot bath and sea salt exfoliation incorporate herbs and essences such as geranium, wild crafted ginger, tea tree, and jasmine. Inner peace and balance is achieved with this ritual.

[Bridal up-dos and styles available by appointment only.](#)

waxing services

- lip or chin
- bikini
- brow
- half leg
- underarm
- full leg
- half arm
- full arm
- back



embody peace

each of my senses was engaged
and the effect was enlivening

heavenly day packages

heaven*

heavenly massage 50 minutes

heavenly body 50 minutes

dream*

heavenly massage 50 minutes

illumination facial 50 minutes

wish*

heavenly massage 50 minutes

heavenly body 50 minutes

illumination facial 50 minutes

bride-to-be ultimate package

heavenly massage 50 minutes

seaweed body wrap 50 minutes

heavenly signature manicure 50 minutes

heavenly signature pedicure 80 minutes



embrace wellness



essences calm and i discover a whole self renewed

in-room spa services Treat yourself to personal spa services with in-room spa services by Westin. Rejuvenate your body and elevate your spirit with our signature in-room treatments. Designed to take the in-room experience to a new level, we provide more than just a massage.

relax* 50 | 80 minutes

A timeless classic. This is a traditional Swedish massage which uses light to moderate pressure, with techniques varying from gliding to kneading to create a relaxing and therapeutic experience.

restore* 50 | 80 minutes

Especially beneficial for the physically active individual, this treatment provides a deep, strong massage to alleviate tightness and strain.

pre-natal massage* 50 minutes

A special pre-natal massage made with mommies in mind. This massage uses specially designed body cushions to help increase circulation and provide relief from swelling and cramping during your pregnancy. Not recommended for those in their first trimester.

how to receive the full benefits of a heavenly spa by Westin treatment

general spa guidelines

The following information is provided to assist you in creating the perfect Heavenly Spa experience.

Guests of The Heavenly Spa must be at least 16 years of age for the use of the locker rooms, fitness facilities and spa treatments. Salon treatments are available for guests under 16 with parental supervision.

The Heavenly Spa is a non-smoking environment.

For the courtesy of our guests, cellular phone and pager use is prohibited within the Spa premises. Respect yourself and others by turning off communication devices prior to entering the spa, locker rooms, fitness and treatment areas.

We request that all valuables are stored in your room or locker provided for you at the time of your service. The Westin Hotel and The Heavenly Spa are not responsible for lost, stolen or misplaced items.

All spa treatments and fitness facility prices are subject to change without notification. Our spa guest service agents will assist you with any pricing inquiries you may have at the time of your reservation.





reservations

We encourage our guests to schedule their appointments in advance to ensure your preferred treatment or therapist is available, preferably five to seven days. Bookings made day of service and walk-in appointments are always welcome, based upon availability. All reservations must be secured with a major credit card and telephone number. To schedule your appointment(s), please call our spa reservation desk at 954.245.3040 or Westin in-house guests touch 3040.

arrival and check-in procedure

For the optimal Heavenly Spa experience, we recommend that you arrive at least 30-60 minutes before your scheduled appointment time so that you may relax and allow yourself ample time to don an oversized robe and slippers and enjoy our luxurious amenities. We recommend showering prior to your appointment in order to receive full treatment benefit.

cancellation policy

We value your business and appreciate your cooperation with our cancellation policy. Please respect our scheduling by keeping appointments if possible and providing a minimum of 24 hours notice when canceling or rescheduling appointments. Because your services are guaranteed reservations reserved for you, full payment is required for the following conditions:

- Less than 24-hour notification to cancel or reschedule an appointment
- No-show or missed appointments
- Late arrivals*

*Please keep in mind that arriving late for a service may require us to shorten the length of the treatment, with full charges applied, so as not to inconvenience other guests. We regret that late arrivals will not receive extension of scheduled appointments.

gratuities

For your convenience, a 20% service charge will be added to all your Heavenly Spa treatment prices upon check-out. Should you wish to increase or reduce this amount based on your service satisfaction please notify a front desk attendant upon check-out.

Heavenly Spa by Westin accessories

A tempting array of personal and distinctive gift accessories await you when you take a captivating stroll through the spa. Take your spa experience home with a selection of distinctive items such as body products and unique gifts. Share the experience with someone special with our custom gift bags and spa packaging. For more information and gift purchase and shipping information, please call 954.245.3040.



music elevates and massages heal
to make the body whole



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